

Gwydyr Forest 22nd May 2008

Green	5.1km	150m climb
Name	Age	Time
1 Fiach O'Rourke	M20	55.03
2 Dave Say	M55	58.27
3 Gwen Williams	W21	59.12
4 Gareth Thomas	M21	59.24
5 Jenny Williamson	W21	63.52
6 Heather Burrows	W21	66.29
7 Bill Teehan	M45	74.53
8 Sarah Barnwell	W40	75.16
9 John Ellis	M40	80.31
10 Sion Williams	M35	82.28
11 Jill Reinsch	W20	82.45
12 Jan Albin	W55	94.00
13 Simon Major	M20	119.00
14 Adam Burton	M20	121.00

Orange**3.3km****100m climb**

Name	Age	Time
1 Tom Barton	M20	27.13
2 Mair Tomos	W55	40.40
3 Charlotte Jelleyman	W20	45.25
4 Ellen Norris/Catherine Baldwin	W10/W12	59.10
5 Ffion, Sue, David Norris		65.39
6 Liam, Rhiannon, Felicity Grundy		66.12
7 Helen Pycroft/Jessica Hurb	W20	67.10
8 Sam Curtis/Alison Pearson	W20	71.22
8 Emma Tonge/Helen Sale	W20	71.22
9 Maggie, Henry Stansfield		75.14
10 Lynn Yule	W55	79.46
11 Alannah, Kieran Russell	W12/M8	91.40
12 Anthea Evans	W70	91.50