

Glan Faenol

Yellow

Position	Name	Class	Time
1	Liam Grundy	M7	41.20
RTD	Ffion Norris	W	

Orange

Position	Name	Class	Time
1	Rachel Morris	W40	33.02
2	Ellen Norris	W10	52.16
3	Annette and Sam	W/M21	53.16
4	Tomos Roberts	M	53.34
5	Lynn Yule		89.07

Green

Position	Name	Class	Time
1	Dave Broatch		48.20
2	Barney Broatch	M12	56.46
3	Anwen Darlington	W18	63.56
4	Heather Burrows	W21	67.47
5	John Ellis	M40	70.14
6	Delyth Darlington	W16	74.56
7	Anne Darlington	W50	82.54
RTD	Colin Darlington	M55	
RTD	Helena Burrows		
RTD	Nesta Leduc		

Thanks to everyone who came to the event, I hope you enjoyed yourselves despite the weather and the brambles!